

# Preparing for your setup call

- Be sure to read and understand all included instructions before using the device and mask.
- In the next day or two a clinician will contact you.
- Be ready to sit at a clean desk or table with an outlet nearby for plugging in the device.
- Open the box and lay out all the parts. Please don't throw anything away. We will explain it all when we call.
- To get the most out of your setup call, have a bottle of distilled water so that you can try your device's humidifier.
- If your cordless or mobile phone has a speaker phone feature, plan on using it.
- If you'd like to get started right away, call the Sleep Coaching Center at 1-844-475-7277. Business hours are 8am-5pm, Monday-Friday (CST).

**Sleep Coaching Center**

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1-844-475-PAPS (7277)  
Monday - Friday  
8am - 5pm CDT

# Stay in touch.

Visit [viemed.com/sleep](https://viemed.com/sleep) to learn more about your sleep care.

Supply schedule allowed by most insurance plans.



Nasal cushions, nasal pillows, and disposable filters



Full face cushion



Full face mask, nasal mask, and tubing (standard or heated)



Headgear and chin straps, humidifier water chamber, and non-disposable filters

**Get Set Up**

**Congrats!  
You're one step closer to a good night's sleep.**



# Hello!

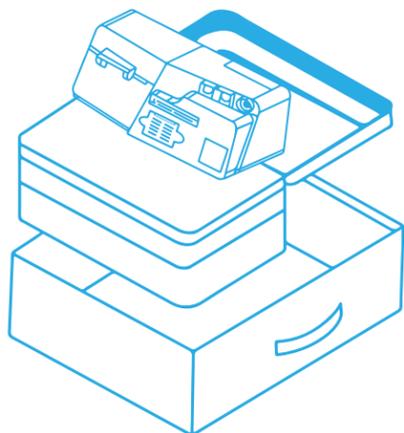
Welcome to the next step in your journey to a good night's sleep. This box contains everything you need to start using your Positive Airway Pressure (PAP) therapy.

Follow the instructions below in preparation for your upcoming remote setup call. If you do not have a remote setup call scheduled yet, please proceed with the instructions and also contact the VieMed Sleep Coaching Center at 1-844-475-PAPS (7277), open Mon-Fri at 8am-5pm (CDT).

## There are 4 easy steps:

- Get oriented
- Set up your device
- Get ready
- Try it out

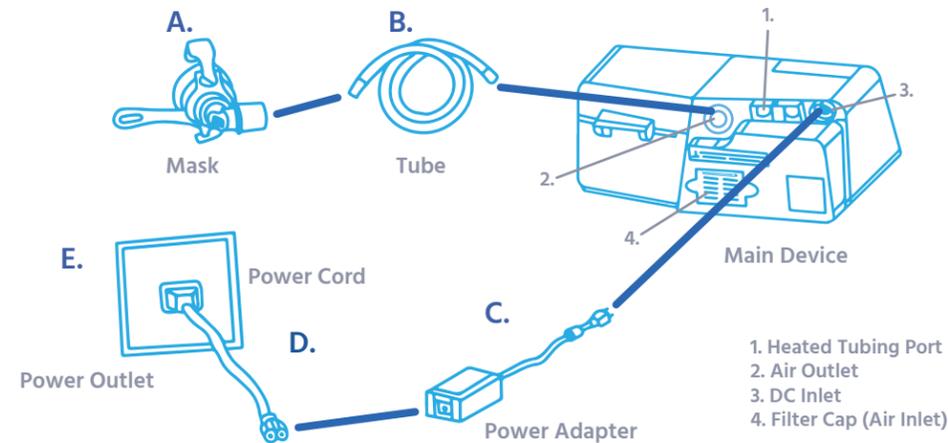
## 1. Get Oriented



Remove the carrying case from the box. Inside the case, you will find your PAP device, power supply, and tubing. Remove them from the case.

Also remove the user manual. Keep these in a safe place for later use.

## 2. Set Up Your Device



A. Connect one end of the tube to the assembled mask.

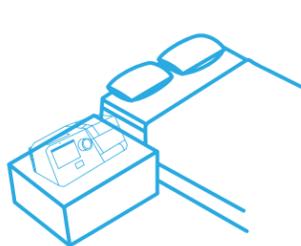
B. Connect one end of the tube to the air outlet of the device, as shown in the figure above. Or connect the heated tubing joint to the air outlet of the device, and then insert the power plug of the heated tubing into the heated tubing port on the back of the device.

C. Connect the power adapter to the DC inlet of the main device.

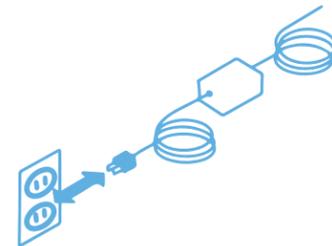
D. Connect the power cord to the power adapter.

E. Plug the power cord into the power outlet.

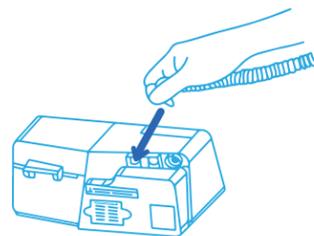
## 3. Get Ready



A. Place the device on a firm, flat surface next to your bed.



B. Plug the power supply of the device into an outlet. Your homescreen will appear on the display of the device.

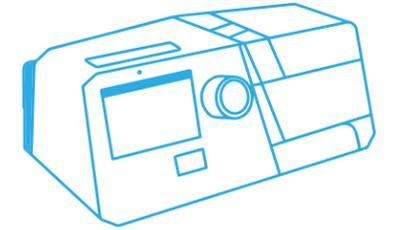


C. Ensure that one end of the CPAP tubing is securely connected to the air outlet port on your device.

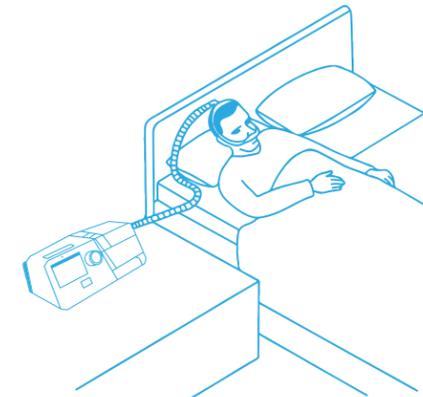
## 4. Try it Out



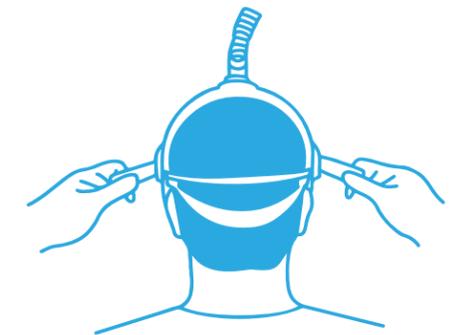
A. Connect the end of the tubing to the quick release elbow at the top of the mask.



B. Press the power button on the device to start the airflow. You should feel the gentle flow of air in your mask.



C. Lie down and breathe normally to check for any excessive air leaks. Note: some air leakage is normal.



D. Adjust the headgear and tubing position for comfort.

